

## Descriptive Study of Knowledge Regarding Bio-Medical Waste Management among Hospital Attendants

Visanth V.S.<sup>1</sup>, Sarojlata Akham<sup>2</sup>, Akriti Sharma<sup>3</sup>, Latika Namdev<sup>4</sup>, Shephaly Kumari<sup>5</sup>, Payal Rathor<sup>6</sup>

<sup>1,3,6</sup>Nursing officers <sup>2</sup>Lecturer, College of Nursing, All India Institutes of Medical Sciences (AIIMS), Phulwari Sharif, Patna, Bihar 801507, India.

### Abstract

The aim of the study is to evaluate the knowledge of bio-medical waste management among hospital attendants at AIIMS Patna. The objective of the study is to assess the level of knowledge of hospital attendants regarding bio-medical waste management and to find an association of the level of knowledge of hospital attendants with selected demographic variables. The conceptual framework of the study was developed on the basis of Roy's Adaptation Model. Methodology non-experimental descriptive approach was used. The study was carried out at AIIMS Patna. The sample comprised of 60 hospital attendants of AIIMS Patna selected by convenient sampling. Pilot study was conducted on 6 samples and the tools were found to be reliable. Data collection was done from 10<sup>th</sup> March 2017 to 18<sup>th</sup> March 2017. Data was collected by administering a structured knowledge questionnaire. The result of this study showed that most of the hospital attendants had average knowledge (48.3%) about Bio-medical waste management. About 28.3% of the hospital attendants had good knowledge and 23.4% hospital attendants have poor knowledge regarding Bio-medical waste management. A relationship between the level of knowledge of hospital attendants and selected variables were noticed. The finding of this study supports the need of health education and training programme for the hospital attendants regarding Bio-medical waste management.

Keywords: Knowledge; Bio-Medical Waste Management; Hospital Attendants.

### Introduction

*Let the wastes of "the sick" not contaminate the lives of "the healthy"*  
- K. Park

Waste are unwanted or unusable materials. Waste is any substance which is discarded after primary use, or it is worthless, defective or of no use. There are various types of waste such as household waste, commercial waste, demolition waste, industrial waste, bio-medical waste, radioactive waste etc.

**Reprint Request: Akriti Sharma**, Nursing officer, College of Nursing, All India Institutes of Medical Sciences (AIIMS), Phulwari Sharif, Patna, Bihar 801507, India.

E-mail: vijayanpillai651@gmail.com  
sharmaakriti.sa@gmail.com

RECEIVED ON 07.12.2017, ACCEPTED ON 10.01.2018

Bio-medical waste is defined as any waste which is generated during the diagnosis, treatment or immunization of human beings or animals or in research activities pertaining thereto or in the production or testing of biologicals [2].

According to the Ministry of Environment and Forest (MoEF) gross generation of bio-medical waste in India is 405702 kg per day of which 291983 kg per day is disposed, which means that almost 28% of the waste is left untreated and not disposed, finding its way in dumps or water bodies and re-enters our system.

The indiscriminate dumping of bio-medical waste by hospitals and nursing homes was a source of pollution that caused dangers to the health and environment [3].

*Statement of the Problem*

A descriptive study to assess the level of knowledge regarding Bio-medical Waste management among hospital attendants in AIIMS Patna.

*Objectives*

- To assess the level of knowledge of hospital attendants regarding Bio-medical waste management.
- To find an association of the level of knowledge of hospital attendants with selected demographic variables.

*Operational Definition*

In the present study the researchers have defined the following terms:-

- *Knowledge:* Knowledge refers to information and understanding about the bio-medical waste management and its hazards.
- *Bio-medical waste:* It refers to the waste generated during diagnosis, treatment or immunization of human beings or animals.
- *Bio-medical waste management:* It refers to disposal of waste generated by hospital into different color coded bins depending on the properties of the waste.
- *Hospital attendants:* It refers to all the Grade III workers working in hospital of AIIMS Patna.

*Assumptions*

- Hospital attendants may have some knowledge regarding Bio-medical waste management.
- Hospital attendants knowledge regarding Bio-medical waste management can be measured by structured knowledge questionnaires.

**Hypothesis**

- $H_0$ : There is no association between level of knowledge of hospital attendants and selected demographic variables.
- $H_1$ : There is an association between level of knowledge of hospital attendants and selected demographic variables

**Methodology***Research Approach*

In the present study, the research approach is non-experimental descriptive approach.

*Research Design*

Keeping in view the objectives of the study the research design selected for the study was descriptive research design.

*Variables*

*Research variable:* In this study the research variable is knowledge about bio-medical waste management among hospital attendants.

*Setting of the Study*

The present study was conducted in hospital of AIIMS Patna.

*Population*

Population for the present study comprises of hospital attendants working in hospital of AIIMS Patna.

*Sample*

In the present study the sample is the sixty (60) hospital attendants working in AIIMS Patna.

*Sampling Technique*

In the present study a sample selection was done by non-probability convenient sampling technique.

*Criteria for Selection of Sample**Inclusion Criteria*

1. Hospital attendants working in hospital of AIIMS Patna.
2. Hospital attendants who are present on the day of study.
3. Hospital attendants who can speak and write Hindi.

*Exclusion Criteria*

1. Hospital attendants below the age of 20 years
2. Hospital attendants who are not interested to be a part of the study.

**The Tool/Instrument**

Used in current study is structured knowledge questionnaire.

**Description of the Tool**

The tool consists of structured knowledge questionnaire which contains two sections.

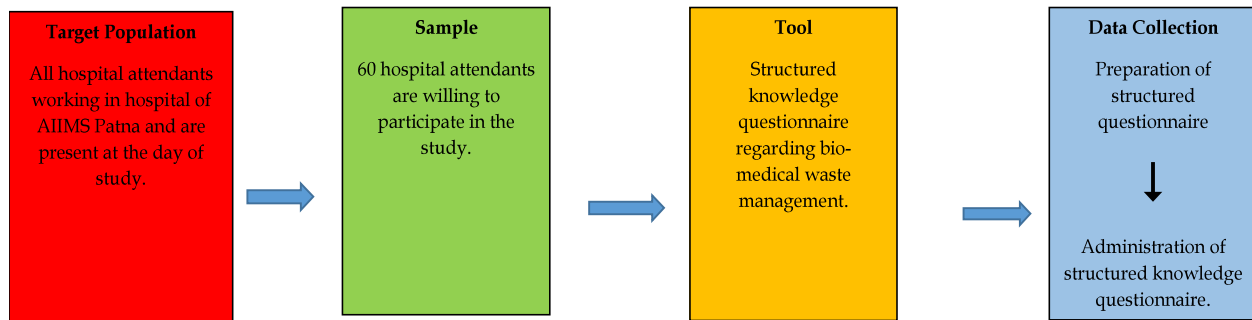


Fig. 2: Schematic representation of research design

Section A: The demographic data of hospital attendants which include age, gender, academic qualification, professional experience of working, department/ wards in which they are working, any special training/ course attended, employment status, any special training received from the hospital after joining.

Section B: A structured knowledge questionnaire for hospital attendants regarding bio-medical waste management was prepared.

**Reliability of the Tool**

Reliability of the tool was calculated by using Cronback’s alpha method and was conducted on 6 samples. The reliability was calculated by spilt half method (Cronback’s alpha) and the value is 0.715.

**Data Collection Process**

The data was collected from 10/03/2017 to 18/03/2017 in hospital of AIIMS Patna.

**Data Analysis**

*Organisation of the Study Findind*

The analysis of data is presented under the following headings:

*Section I:* Description of Demographic variables of samples

*Section II:* Description of knowledge of hospital attendants regarding Bio-medical waste management.

*Section III:* Association between demographic variables and level of knowledge of hospital attendants.

*Section A:* Describing frequency and percentage of socio-demographic variables of hospital attendants.

The table depicts that the frequency and percentage distribution of age, gender, educational status, work experience, department in which they are working, any special course or training attended, job status and previous knowledge about Bio-medical waste management.

Table 1: Depicts the frequency and percentage of demographic variables

Sr. No.	Title	Category	Frequency (f)	Percentage (%)
1	Age	20-35	54	90%
		36-50	6	10%
2	Gender	Female	17	28.3%
		Male	43	71.6%
3	Educational status	<12 <sup>h</sup>	16	26.6%
		>12 <sup>h</sup>	44	73.3%
4	Work experience	<4 years	51	85%
		>4 years	9	15%
5	Department in which they are working	OPD	21	35%
		IPD	25	41.6%
		OT, HDU, Post-operative ward	14	23.3%
6	Any special course/ training attended	No	56	93.3%
		Yes	4	6.6%
7	Job status	Permanent	24	40%
		Temporary	36	60%
8	Previous knowledge regarding Bio-medical waste management	T.V, newspaper, magazine	20	33.3%
		Staff nurse and co-workers	40	66.6%

This clustered column diagram illustrates that 73.3% of the study subjects are having educational qualification of >12<sup>th</sup>.

This bar diagram illustrates that 85% of the study subjects are having < 4 years of work experience.

This pie diagram illustrates that 42% of the study samples work in IPD, 35% of the study samples work in OPD and 23% of the study samples work in OT, HDU and Post-operative ward.

The pie diagram illustrates that 60% of the study subjects are temporary employees.

This area diagram illustrates that 66.66% of the study subjects had previous knowledge about Bio-medical waste management from staff nurses and co-workers.



Fig. 3: Distribution of sample based on age

The pie diagram illustrates that 90% of the study subjects were in the age group of 20-35 years.

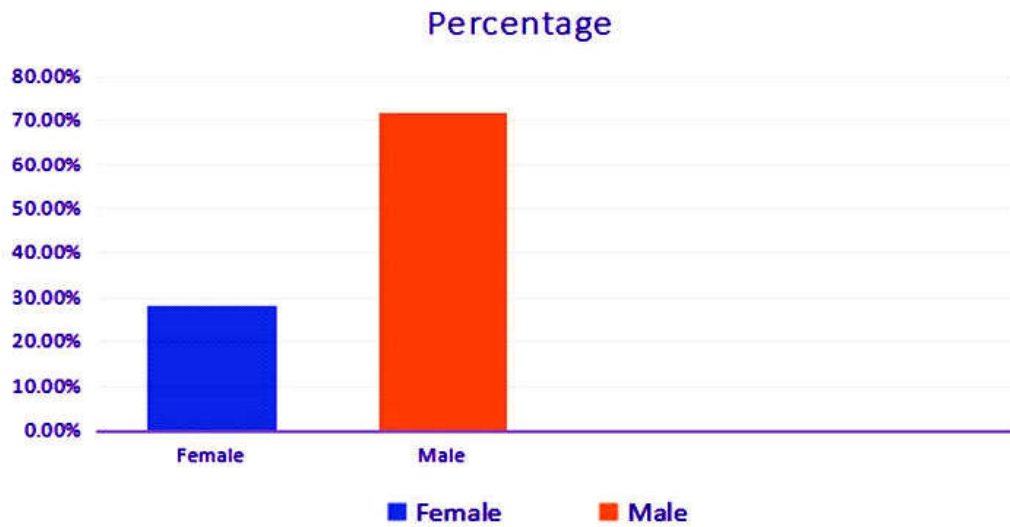


Fig. 4: Distribution of sample based on gender

The column diagram illustrates that 71.6% of study subjects are males.



Fig. 5: Distribution of sample based on educational qualification

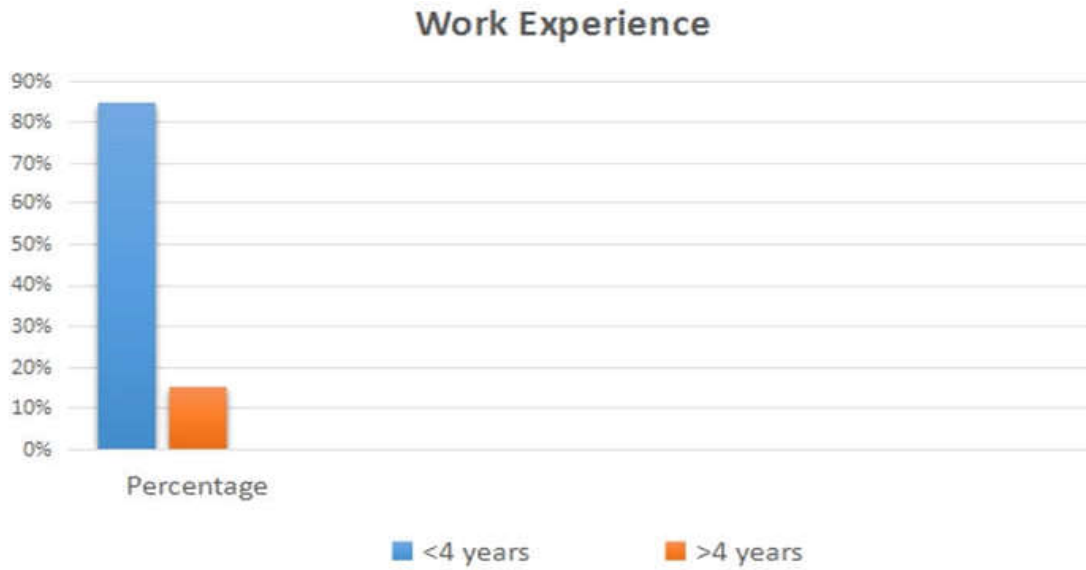


Fig. 6: Distribution of sample based on work experience

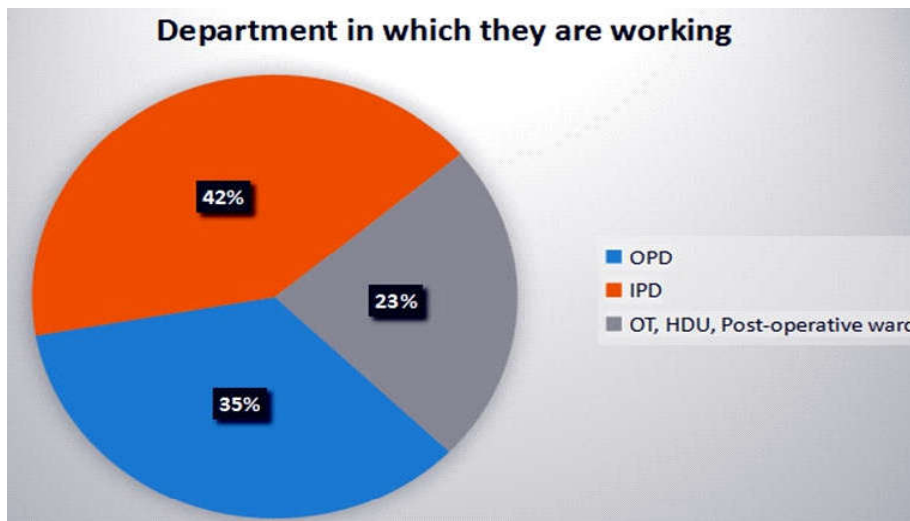


Fig. 7: Distribution of samples based on department in which they are working



Fig. 8: Distribution of sample based on previous training/course attended

This column diagram illustrates that 93.33% of the study subjects are having no previous training/ course regarding Bio-medical waste management.



Fig. 9: Distribution of sample based on their job status

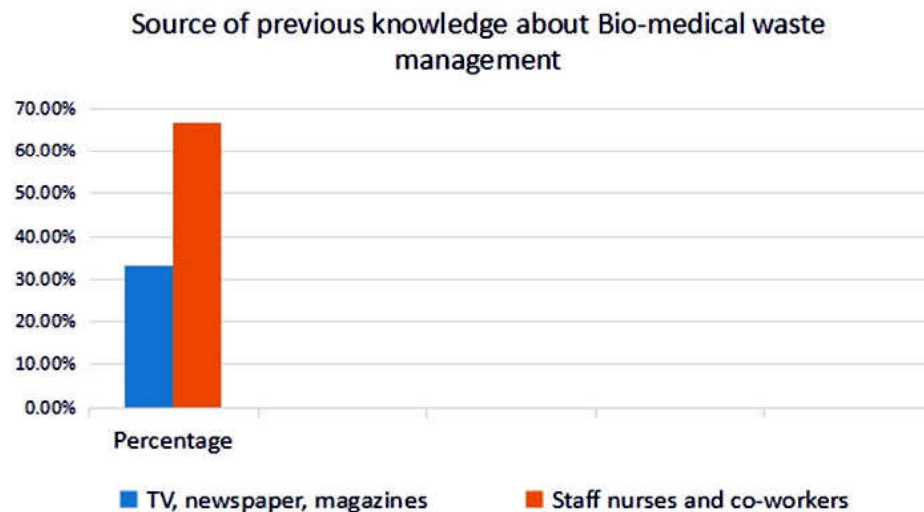


Fig. 10: Distribution of the sample based on source of previous knowledge about Bio-medical waste management

Table 2: Shows overall level of knowledge of hospital attendants regarding Bio-medical waste management

Sr. No.	Knowledge level	Range of score	Hospital attendants	
			Frequency(f)	Percentage (%)
1	Good Knowledge	21-30	17	28.3%
2	Average Knowledge	15-20	29	48.3%
3	Poor Knowledge	<15	14	23.4%
	Total		60	100.0

Table 3: Depicts association the level of knowledge of hospital attendants with selected demographic variables

Socio-demographic variable	Category	Knowledge score		DF	X <sup>2</sup>
		<median	≥ median		
Age	20-35	25	29	1	1.91**
	36-50	1	5		
Gender	Female	7	10	1	0.04*
	Male	19	24		
Educational status	<12 <sup>th</sup>	7	9	1	0.7**
	>12 <sup>th</sup>	19	25		

Section B: Assessing the level of knowledge of hospital attendants regarding Bio-medical waste management.

The table depicts that most of the study subjects have average knowledge 29 (48.3%) regarding Bio-medical waste management. 17 (28.3%) have good knowledge regarding Bio-medical waste management and 14 (23.4%) have poor knowledge regarding Bio-medical waste management.

Section C: Association of the level of knowledge of hospital attendants with selected demographic variables.

The chi square was calculated to find out the association between level of knowledge among hospital attendants and selected demographic variables.

Work experience	<4 years	25	26	1	0.04*
	>4 years	4	5		
Department in which they are working	OPD	10	11	2	10.62**
	IPD	12	13		
Any special course/ training attended	OT, HDU, Post-operative ward	5	9		
	No	25	31	1	0.02*
	Yes	2	2		
Job status	Permanent	13	11	1	0.52**
	Temporary	16	20		
Previous knowledge regarding Bio-medical waste management	T.V, newspaper, magazine	7	13	1	0.54**
	Staff nurse and co-workers	18	22		

Data presented in Table 5 shows that there is no significant association between level of knowledge and variables such as gender, work experience and special training/ course and having significant association between age, educational status, department in which they are working, job status and previous knowledge about BMW management.

## Discussion

*Description of level of knowledge regarding Bio-medical waste management among hospital attendants*

The present study findings revealed that 48.3% hospital attendants have average knowledge regarding Bio-medical waste management, 28.3% of hospital attendants have good knowledge regarding Bio-medical waste management and 23.4% have poor knowledge regarding Bio-medical waste management.

*An Association of the Level of Knowledge of Hospital Attendants with Selected Demographic Variables*

The present study findings revealed that there is significant association between level of knowledge among HA workers and selected demographic variables such as age, educational status, department in which they are working, job status and previous knowledge about BMW management whereas there is no significant association between level of knowledge and selected demographic variables such as gender, work experience and special training/ course.

## References

1. Kumar Rajiv, Gupta Anil Kumar, Agrawal Arun K., Kumar Ashok "A descriptive study on evaluation of Biomedical Management in a Tertiary Care Hospital of North India" Journal of Government

Health Sciences and Engineering. 14<sup>th</sup> April 2014.p. 204.

2. Govt. of India, Ministry of Environment and Forests Gazette Notification No. 460 dated, New Delhi July 1998.p.10-20.
3. Hirani Dhruv P., VillaitramaniKrish, Kumbhar Snehit J. Biomedical Waste: An Introduction to Its Management. International Journal of Innovative Research in Advanced Engineering. 2014 Sep;1: 82-87.
4. Chatterjee Pradip. Models and Practices on Bio-Medical Waste Management with focus on Primary Health Care. Society for Direct Initiative for Social & Health Action (DISHA). Dec 2005.p.2.
5. Evelyne Atieno Othigo. Evaluation of Biomedical Waste Management. Department of Geography and Environmental Studies, University of Nairobi Kenya. November 2014.p.1.
6. Manasi S., Umamani K S, Latha N. Bio-Medical Waste Management: Issues and Concerns- A Ward Level Study Of Bangalore Cit. The Institute for Social and Economic Change, Bangalore. 2014.p.3-5.
7. Srivastava JN. National Seminar on Hospital waste Management: a report" Hospital Waste Management project at Command Hospital, Air Force, Bangalore. 27 May 2000.
8. Rao SKM, Garg RK. A study of Hospital Waste Disposal System in Service Hospital. Journal of Academy of Hospital Administration. 1994 July;6(2): 27-31.
9. Singh IB, Sharma RK. Hospital Waste Disposal System and Technology. Journal of Academy of Hospital Administration. 1996July;8(2):44-8.
10. WHO Safe Management of Bio-medical Sharps in India. New Delhi. WHO Health Care Waste policy: 2005.
11. Muralidhar S. Needle Stick Injuries among Health Care Workers in Tertiary Care hospitals in India. Indian Journal Med Res 2010;131:405-410.
12. Waseem Q., Hasan J., Wani NA., Baba A., Kadri S.M., Khan Nazir MS. Awareness of Bio-Medical Waste Management Among Staff of Government SHMS Hospital Srinagar, Jammu Kashmir. 2007; 14(1):60-61.

13. Jahnvi G., Raju P V. Awareness and raining Need of Bio-medical Waste Management among Undergraduate Students. *Indian Journal of Public Health, Andhra Pradesh* January 2006;50(1):53-54.
  14. Kishore J., Goel P., Sagar P., Joshy T.K. Awareness about Bio Medical Waste Management and Infection Control among Dentist of a Teaching Hospital. *Indian Journal of Dental Research, New Delhi* October-December 2001.p.157-161.
  15. Rasheed S., Iqbal S., Baig L. A., and Mufti K. Hospital Waste Management in Teaching Hospital. *Journal of Pakistan Medical Association, Karachi*; 2005;55: 192.
  16. Sharma S., Chauhan S.V. Assessment of Bio-Medical Waste Management in Three Apex Government Hospitals of Agra. *Journal of Environmental Biology, Agra*; 2008 March;29(2):159-162.
  17. Massrouje H.T. Medical Waste and Health Workers in GAZA Governorates. *East Mediterranean Health Journal, GAZA*; 001 Nov;7(6):1017-1024.
  18. Rao P.H. Hospital Waste Management Awareness and Practices a study of three states of India. *Waste Management Research*; 2008 June;26(3):297-303.
  19. Mostafa GMA, Shazly Sherief WF. Development of a Waste Management Protocol Based on Knowledge and Practice oh Health Personnel in Surgical Departments. *Waste Management*; 2009;9:430-439.
  20. Pandit N B, Mehta H.K., Karth G.P., Chaudhary S.K. Management of Bio-Medical Waste Awareness and Practices in a district of Gujarat. *Indian Journal of Public Health*; October-December 2005.p.245-247.
  21. Prabhakar U., Makhija N. A study to assess the Knowledge of Bio-medical Waste Management in Nursing Personnel of G.T.P Hospital in Delhi. *Nursing Journal of India*; New Delhi, 2004;95(8): 173-174.
  22. Sing R., Kishore J., G Mathur, Mandal K, Puri S. The role of Informational Booklet on Biomedical Waste Management got Nurses. *Nursing journal of India*; August 2002.p.271-272.
  23. Pannell D.A. Study of the Relationship between Education and Waste segregation and Disposal by Nurses. *Health Care Infection*; 1995;1:28-31.
  24. Kaur J.P. A study to evaluate the effectiveness of planned teaching programme regarding standard safety precautions in terms of knowledge and practices of nursing personal working in selected units of MMIMSR and H; Mullana, Ambala; June 2010.p.38-45.
  25. Sharma S.K. *Nursing and Research Statistics*. 2<sup>nd</sup> edition, Elsevier publication; New Delhi, 2015. p.291, 30.
-